



Lime Tree Surgery

321 High Road, Leytonstone, E11 4JT
Tel: 020 8519 9914 Fax: 020 8519 6812



Dr L Ali MBChB MRCP
Dr C Kumana BSc (Hons) MBBS MRCP DRCOG
Dr A Ayelabola MRCP
Ms Pauline Boland, Physician Assistant
Gloria Joseph, Practice Nurse

PPG NEWSLETTER (Spring 2017)

Since our last newsletter we have:

- Held a successful McMillan Coffee Morning with **£388** raised!
- Set up a Gardening Group
- Set up a Walking Group
- Had a successful Christmas Hamper raffle raising **£780** towards Surgery equipment!

A HUGE thank you to all who have helped!

Details of all the Groups can be found further on in this newsletter and on the PPG noticeboard in the Surgery.

**The PPG Annual General Meeting (AGM) will be held on
Saturday 24th June starting at 11am.
Meeting in the Lime Tree Garden (weather permitting)
*Lime Tree Surgery patients are very welcome.***

Lime Tree Surgery Easter Cake Sale fundraiser (plus children's craft table!)

Wednesday 12th April
10am-12.30pm

Raising funds for the PPG, we are holding a cake sale along the lines of the successful McMillan coffee morning. Please do pop in – bring a cake or buy a slice and stop off for a chat over coffee. There will also be a fun craft table for children, so bring them along too!

PPG Walking Group

The Group took their first walk on 11th March around Langthorne Park. It was agreed that the Park was insufficient size for a regular event. They are looking to use the Olympic Park (or part of!) for forthcoming ventures. Look out for details on the PPG noticeboard.

PPG Gardening Group

The Group meets every Friday at 10am. Much of the clearing has been done and the fruit tree pruned. The next stages will be planting flowers and vegetables. If you'd like to help, pop along on Friday morning. Refreshments provided!

Dr Ali and Dr Kumana have asked me to extend their sincere thanks to all the members of our PPG. We are proud to say that our PPG is one of the most proactive and successful in Waltham Forest. Many practices are still struggling to have patients who are willing to engage with their practice and we very much appreciate the enormous effort you have all put in. Generously giving up so much of your personal time to have started the group but even more importantly to sustain it that is not an easy task.

They would also like to thank Sharon and Linda for their enthusiasm and passion in bringing about the PPG, we have tried several times before but have without success until now. **So a Big Thank you** to you all, members and staff for being great organisers with innovative ideas. The doctors and staff really do believe in patient engagement so we can exchange information and look at general practice from both perspectives, the challenges the practice faces with NHS cuts and how this impacts on you the patient. We want to look at your patient journey at the practice and ideas and suggestions.

Finally the GP's and staff would like to thank you all for your amazing fund raising efforts towards enabling us to purchase a piece of **Life Saving Equipment**. What an amazing job you have done, the practice is going to put in the additional funds needed and purchase the **Defibrillator** in the next week or so we will keep you informed.

Well Done!

Lime Tree Surgery Chat Shop

Starting Friday 21st April at 10.00am.

Pop in every Friday morning for refreshments and good company! Specifically aimed at Lime Tree Surgery patients who find themselves socially isolated.

- Meet new friends
- Find out about other activities in your neighborhood
- Start a new hobby or revitalise old/unused skills for others to learn
- Share stories/photographs/memories

Meet the Lime Tree Surgery PPG Team!

Sharon Scarff

Lime Tree Surgery Administrator/Healthcare Assistant

I have always liked being involved with people. I used to work in reception and enjoyed chatting to everyone and, although I enjoy doing more of the Healthcare side of things, I do miss the catching up with everyone. Lime Tree PPG has been a great way of getting the patients together with myself, Linda and Joy, and as a team, try to work through issues that we face on a regular basis.

I would just like to say to the PPG that I am so happy to be working with such a friendly and positive group - and to the patients I say - **join the PPG**, become part of a group that deals positively with issues such as appointments and the telephone system, organising future fun events and being the voice of the patients.

Patient Participation Group Committee members:

- Zahoor Bukhari –Chair
- Sue Kofi – Secretary
- Simon Young – Treasurer
- Stephen Daws – Head of Fundraising

NEW MEMBERS VERY, VERY WELCOME!

You can email us at:

limetreesurgeryppg@outlook.com

or call in to the Surgery and ask for Sharon Scarff